



ROYAL COLLEGE OF  
PHYSICIANS OF IRELAND

PUBLIC MEETING SERIES  
*Promoting a healthy nation*

# The Ticking Timebomb – Type 2 Diabetes

Tuesday, May 11, 2010

Royal College of Physicians of  
Ireland, No.6 Kildare Street, Dublin 2



A live webcast of this meeting will be available on the day at [www.rcpi.ie](http://www.rcpi.ie). Please indicate if you wish to have access by emailing [college@rcpi.ie](mailto:college@rcpi.ie) or calling RCPI directly on (01) 8639700.

*Funding for the RCPI Public Meeting Series  
provided by the National Lottery, Ireland*

# The Ticking Timebomb – Type 2 Diabetes

6.30 pm, Tuesday, May 11, 2010

RCPI, No.6 Kildare Street, Dublin 2

## Programme

**Chair:** **Dr Gerald Kean**, *Solicitor, Keans Solicitors*

**Speakers:** **Dr Diarmuid Smith**, *Consultant Endocrinologist, Beaumont Hospital, Dublin*

**Dr Seamus Sreenan**, *Consultant Endocrinologist, James Connolly Memorial Hospital, Blanchardstown, Dublin*

**Dr John McDermott**, *Consultant Endocrinologist, James Connolly Memorial Hospital, Blanchardstown, Dublin*

**Panel:** **Ms Sinead Hanley**, *Dietician, Diabetes Federation of Ireland*, and **Ms Anne O'Reilly**, *Diabetes Nurse Specialist, Beaumont Hospital Dublin* will join the speakers for a panel discussion at the end of the presentations.

In line with RCPI's mission to promote health in Ireland, the **RCPI Promoting A Healthy Nation Public Meeting Series** has been developed whereby expert advice and medical knowledge can be made available to the general public with the aim of raising awareness of key healthcare issues and providing an opportunity for the public to communicate their concerns to RCPI and others.

Adult-onset or maturity-onset diabetes, known as Type 2 diabetes, usually develops slowly in adulthood, most commonly in adults after the age of 40. While the causes of this type of diabetes may differ from one person to the next, low activity level, poor diet, and excess body weight significantly increases the risk of developing the condition. With an average of seven years between onset and diagnosis, the earlier the condition is detected the easier it is to reduce the risk of developing long-term complications of diabetes, such as eye disease,

kidney failure, foot disease, heart attack and stroke.

This public meeting will look at the increase of Type 2 diabetes in Ireland in recent years and discuss the epidemiology of the condition, new treatments for Type 2 diabetes and the vascular risk associated with Type 2 diabetes.

The meeting is open to all members of the public. However, attendance is by ticket only. Members of the public are asked to apply for tickets by registering at [www.rcpi.ie/publicmeetings](http://www.rcpi.ie/publicmeetings), emailing [college@rcpi.ie](mailto:college@rcpi.ie) or by contacting RCPI directly at (01) 8639700. There is no charge for attendance.

Please note that this meeting will also be available as a live webcast on the day of the meeting. Please indicate if you wish to have access to the live webcast on the day by emailing [college@rcpi.ie](mailto:college@rcpi.ie) or by contacting RCPI directly at (01) 8639700.



**Registration** To obtain tickets please return this form by post to **Public Meetings, RCPI, Frederick House, 19 South Frederick Street, Dublin 2**, email [college@rcpi.ie](mailto:college@rcpi.ie), telephone (01) 863 9700 or fax (01) 672 4707. For more information please visit [www.rcpi.ie](http://www.rcpi.ie).

Name(s) _____	<b>Please choose one of the following options:</b>
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_____	I wish to access the live webcast [ ]
Email _____	<b>Please indicate how you learned of this meeting:</b>
Telephone _____	RCPI Website [ ] Press [ ] Poster [ ]
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