



Heart Health - What Women Need to Know  
Tuesday, September 14, 2010

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### About The Royal College of Physicians of Ireland

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The Royal College of Physicians of Ireland is the oldest surviving medical institution in the country. It was founded in 1654 as a “Fraternity of Physicians” by John Stearne, a Professor at Trinity College Dublin and Oxford University, in response to his recognition of the need for an improvement in the medical services available to the people of Ireland. Stearne’s foundation was closely modelled on the Royal College of Physicians of London and was, initially, an ancillary of The University of Dublin (Trinity College Dublin). Royal Charters were obtained in 1667, from King Charles II, and in 1692, from King William III and Queen Mary II when the College was granted the power to examine and license doctors as being fit to practice. The 1692 Charter, which is still in force today, established the College’s independence, severing the link with Trinity College Dublin.

The next 150 years of the College was a period of rapid growth and advancement in medicine. The College established itself as the regulator of medical teaching and contributed towards the care of the sick on the island of Ireland. After numerous changes of location, the College has occupied its present home on Dublin’s Kildare Street since 1864. The building was restored, renovated, refurbished and reopened in 2005 - by far the most extensive renovation of the College since the 1860’s. The building is now fully equipped with modern conference, meeting and communication facilities.

Today, having been instrumental in establishing renowned teaching hospitals, collaborating with medical schools and advancing medical science, the College is primarily concerned with postgraduate education and the maintenance of high standards in medicine. Through its mission “to develop and maintain high professional standards in specialist medical practice in order to achieve optimum patient care and to promote health nationally and internationally”, the College: develops and is responsible for running training programmes, at Basic Specialist Training, Registrar Training and Higher Medical Training level, for doctors who are seeking to become specialists in medicine; co-operates closely with government and health bodies with regard to a wide range of medical training and education issues; and is responsible for CME programme certifying skills and competency through a Fellows professional career.

**For further information:** [www.rcpi.ie](http://www.rcpi.ie) - Tel: (01) 863 9700 - Email: [college@rcpi.ie](mailto:college@rcpi.ie)

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### About The Public Meeting Series

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In line with its mission to promote a healthy nation, the Royal College of Physicians of Ireland believes that there is a need to provide a forum where expert advice and medical knowledge can be made available to the general public. To this end, the College has initiated a public meeting series *Promoting a Healthy Nation* in order to inform members of the public on key healthcare issues and to provide an opportunity for the public to communicate their concerns to the College and others.

Full list of upcoming meetings is available at [www.rcpi.ie](http://www.rcpi.ie).



## Useful Contacts

### Irish Heart Foundation

4 Clyde Road  
Ballsbridge  
Dublin 4  
Tel: 01 668 5001  
Helpline: 1890 432 787  
W: [www.irisheart.ie](http://www.irisheart.ie)

### Flora Women's Mini Marathon

W: [www.womensminimarathon.ie](http://www.womensminimarathon.ie)

### Volunteer Stroke Scheme

249 Crumlin Road  
Dublin 12  
Tel: 01 499 9036  
Email: [vss@iolfree.ie](mailto:vss@iolfree.ie)  
W: [www.strokescheme.ie](http://www.strokescheme.ie)

### Women's Health Group

1 Priory House  
Dean Street  
Kilkenny  
Tel: 056 779 5302  
Email: [info@womenshealth.com](mailto:info@womenshealth.com)  
W: [www.womenshealth.ie](http://www.womenshealth.ie)

### Northern Ireland Chest Heart & Stroke Association

Belfast Office  
21 Dublin Road  
Belfast  
BT2 7HB  
Tel: 028 9032 0184  
Fax : 028 9033 3487  
Email : [mail@nichsa.com](mailto:mail@nichsa.com)

### Irish Nutrition & Dietetic Institute

Ashgrove House  
Kill Avenue  
Dun Laoghaire  
Co. Dublin  
Tel: 01 280 4839  
Fax: 01 289 2353  
Email: [info@indi.ie](mailto:info@indi.ie)

### Women's Health for the North Eastern Health Board

St Brigid's Hospital  
Ardee  
Co Louth  
Email : [womenshealth@nehb.ie](mailto:womenshealth@nehb.ie)  
W: <http://www.nehb.ie/womenshealth/>

### Citizens Information Board

W: [www.citizensinformationboard.ie](http://www.citizensinformationboard.ie)

### Croí, the West of Ireland Cardiac Foundation

University Hospital  
Galway  
Tel: 091-544310  
Fax: 091-526000  
Office opening hours: Monday - Friday 9.00am-5.30pm

### Department of Health and Children

Tel: 01 635 4000 or Lo-Call 1890 200 311  
Email: [info@health.gov.ie](mailto:info@health.gov.ie)  
W: [www.dohc.ie/](http://www.dohc.ie/)

### Changing Cardiovascular Health: National Cardiovascular Health Policy 2010 - 2019

W:[www.dohc.ie/publications/changing\\_cardiovascular\\_health.html](http://www.dohc.ie/publications/changing_cardiovascular_health.html)

### National Geographic Heart Pages

W:[www.science.nationalgeographic.com/science/health-and-human-body/human-body/heart-article.html](http://www.science.nationalgeographic.com/science/health-and-human-body/human-body/heart-article.html)

### National Disability Authority

25 Clyde Road  
Dublin 4  
Tel: 01 608 0400  
W: [www.nda.ie](http://www.nda.ie)  
Email: [nda@nda.ie](mailto:nda@nda.ie)

### Health Service Executive

Dr. Steevens' Hospital  
Dublin 8  
Tel: 01 635 2000  
W: [www.hse.ie](http://www.hse.ie)

### Irish Patients Association

Tel: 01 272 2555  
Email: [info@irishpatients.ie](mailto:info@irishpatients.ie)  
W: [www.irishpatients.ie](http://www.irishpatients.ie)

### Social and Personal Health Education

Marino Institute of Education  
Griffith Avenue  
Dublin 9  
Tel: 01 805 7718  
Email: [sphe@mie.ie](mailto:sphe@mie.ie)  
W: [www.sphe.ie](http://www.sphe.ie)