



ROYAL COLLEGE OF
PHYSICIANS OF IRELAND

PUBLIC MEETING SERIES
Promoting a healthy nation



**IRISH HEART
FOUNDATION**
Fighting Heart Disease & Stroke

Heart Health – What Women Need to Know

6.30 pm, Tuesday 14 September 2010

Royal College of Physicians of
Ireland, No.6 Kildare Street, Dublin 2

**THIS IS NOT A RED DRESS –
IT'S A RED ALERT!**



A live webcast of this meeting will be available on the day at www.rcpi.ie. Please indicate if you wish to have access by emailing college@rcpi.ie or calling RCPI directly on (01) 863 9700.

Red Alert! Heart Health – What Women Need to Know

6.30 pm, Tuesday 14 September 2010

RCPI, No.6 Kildare Street, Dublin 2

Programme

Speakers: **Dr Blaithead Murtagh**, *Consultant Cardiologist, Galway Clinic*

Dr Barbara O'Beirne, *General Practitioner and President of the Irish Menopause Society*

Ms Janis Morrissey, *Dietitian, Irish Heart Foundation and President, Irish Nutrition and Dietetic Institute*

Heart disease: *a patient's story*

Panel: **Dr Mary Ryan**, *Consultant Physician and Endocrinologist, Barrington's Hospital, Limerick*

Ms Sophie Charles, *Cardiac Rehab Coordinator, St Colmcille's Hospital, Loughlinstown, Dublin*

In line with RCPI's mission to promote health in Ireland, the **RCPI Promoting A Healthy Nation Public Meeting Series** has been developed whereby expert advice and medical knowledge can be made available to the general public with the aim of raising awareness of key healthcare issues and providing an opportunity for the public to communicate their concerns to RCPI and others. This meeting is delivered in collaboration with the Irish Heart Foundation.

Cardiovascular disease (CVD) remains the leading cause of death in women with nearly seven times more deaths than from breast cancer. Many women believe heart disease to be an exclusively male disease however just as many women die from it as men, with approximately 5,000 women dying from heart disease and stroke in Ireland each year.

This public meeting will look at the signs and symptoms of heart disease, heart disease and the menopause and weight management and food choices for a healthy heart. It will also include a personal account from a woman who has experienced heart disease.

The meeting is open to all members of the public. However, attendance is by ticket only. Members of the public are asked to apply for tickets by registering at www.rcpi.ie/publicmeetings, emailing college@rcpi.ie or by contacting RCPI directly at (01) 863 9700. There is no charge for attendance.

Please note that this meeting will also be available as a live webcast on the day of the meeting. Please indicate if you wish to have access to the live webcast on the day by emailing college@rcpi.ie or by contacting RCPI directly at (01) 863 9700.



Registration To obtain tickets please return this form by post to *Public Meetings, RCPI, Frederick House, 19 South Frederick Street, Dublin 2*, email college@rcpi.ie, telephone (01) 863 9700 or fax (01) 672 4707. For more information please visit www.rcpi.ie.

Name(s) _____

Please choose one of the following options:

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Please indicate how you learned of this meeting:

RCPI Website [] Press [] Poster []

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