



ROYAL COLLEGE OF
PHYSICIANS OF IRELAND

PUBLIC MEETING SERIES
Promoting a healthy nation



FACULTY OF
PAEDIATRICS

Childhood Obesity – A Sizeable Problem

6 pm, Tuesday, 29th April 2008

Royal College of Physicians of Ireland,
No.6 Kildare Street, Dublin 2

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RCPI, No.6 Kildare Street, Dublin 2

Programme

Chair: **Ray D'Arcy**, *Broadcaster*

Speakers: **Dr Edna Roche**, *University of Dublin, Trinity College and Consultant Endocrinologist, National Children's Hospital, Tallaght*

Prof Niall Moyna, *Faculty of Science and Health, Dublin City University and American College of Sports Medicine*

Ms Ursula O'Dwyer, *Consultant Dietician, Health Promotion Unit, Dept of Health & Children*

As part of the Royal College of Physicians of Ireland's annual programme of public meetings on health issues – Promoting a Healthy Nation – the Faculty of Paediatrics is organising this meeting on Childhood Obesity.

Obesity is now a world wide epidemic. Levels of obesity are rising rapidly in Ireland. Being obese has health implications for the child, the health service and the health of the nation. This issue should be tackled in the early years to stem the epidemic and promote a healthier future for our society.

The aim of this meeting is to increase awareness, look at the facts and myths surrounding childhood obesity and to look at prevention and treatment and discuss the roles of physical activity and nutrition. With families and health services working together we hope to have Ireland leading the way in the fight against this sizeable problem.

Edna Roche is a Consultant Endocrinologist in the National Children's Hospital, Tallaght and a Senior Lecturer at the University of Dublin, Trinity College. She leads the weight management clinic for children and adolescents at the National Children's Hospital.

Niall Moyna is a Senior Lecturer in the Faculty of Science and Health, Dublin City University. He is a Fellow of the American College of Sports Medicine.

Ursula O'Dwyer is a National Nutrition Policy Advisor with the Department of Health and Children.

The meeting is open to all members of the public and there is no charge for attendance. However, in order to cater for the expected numbers wishing to attend, members of the public are asked to apply for tickets by registering at www.rcpi.ie/publicmeetings or by contacting the College at (01) 863 9700.



Registration

To obtain tickets please return this form by post to *Public Meetings, Faculty of Paediatrics, RCPI, Frederick House, 19 South Frederick Street, Dublin 2*, email college@rcpi.ie, telephone (01) 863 9700 or fax (01) 672 4707. For more information please visit www.rcpi.ie.

Name(s)	Institution		
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