

Rapid Risk Assessment Tool for VTE Thromboprophylaxis in Pregnancy / Post-partum *

All pregnant women require risk assessment for VTE:

■ At first booking visit
 ■ At every antenatal admission
 ■ With current COVID-19 Infection

Pre-existing Risk Factors	TICK
Family history VTE	<input type="checkbox"/>
BMI >30	<input type="checkbox"/>
Parity > 3	<input type="checkbox"/>
Maternal Age >35	<input type="checkbox"/>
Smoking	<input type="checkbox"/>

Transient Risk Factors	TICK
COVID-19 infection (current)	<input type="checkbox"/>
Hospital admission	<input type="checkbox"/>
Immobility (>4 days bedrest)	<input type="checkbox"/>
Surgery in/after pregnancy	<input type="checkbox"/>
Caesarean section	<input type="checkbox"/>
Instrumental delivery	<input type="checkbox"/>
Excessive blood loss (>1L)	<input type="checkbox"/>
Blood transfusion	<input type="checkbox"/>
Pre-eclampsia	<input type="checkbox"/>
Systemic infection	<input type="checkbox"/>
Multiple Pregnancy	<input type="checkbox"/>
Assisted Reproduction	<input type="checkbox"/>
Hyperemesis gravidarum	<input type="checkbox"/>
Dehydration	<input type="checkbox"/>
Post-partum wound infection	<input type="checkbox"/>

Medical Co-morbidities	TICK
Varicose Veins	<input type="checkbox"/>
Paraplegia	<input type="checkbox"/>
Nephrotic syndrome	<input type="checkbox"/>
IV drug user	<input type="checkbox"/>
Inflammatory bowel disease	<input type="checkbox"/>
Haematological condition	<input type="checkbox"/>
- Sickle cell anaemia	<input type="checkbox"/>
- Polycythaemia /Thrombocythaemia	<input type="checkbox"/>
- Myeloproliferative d/o	<input type="checkbox"/>
Diabetes requiring insulin	<input type="checkbox"/>
Active SLE	<input type="checkbox"/>
Other relevant risk factor	<input type="checkbox"/>

Women with **THREE** or more of the above risk factors



Consider LMWH Thromboprophylaxis

*Women with a personal history of VTE = LMWH Thromboprophylaxis