

# BST Taught Programme: A Summary for Trainers and Educators

This document provides an overview of the new Taught Programme within Basic Specialist Training

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## The BST programme

Trainees in Basic Specialist Training (BST) complete rotations over the course of two or three years depending on their specialty. During the programme Trainees are continually observed and challenged to develop their skills in diagnostics, problem solving, communication and teamwork while gaining knowledge and experience through a varied case load. The generic components such as communication, ethics, etc. are currently taught through a number of mandatory courses.

We are now changing from the current model of mandatory courses into a new Taught Programme which will be delivered throughout training. The following document describes this new programme.

## Design of the Taught Programme

The new Taught Programme will consist of a series of modular elements spread across the years of training. Delivery will be a combination of self-paced online material, live virtual tutorials, and in-person workshops.

What makes this different from the current teaching?

Over the past ten years, standalone courses have been added to the BST programme in response to a variety of demands. These were all individually designed and tailored to the needs of Trainees.

The new Taught Programme is designed to deliver accessible and timely learning over the course of BST.

Why make this change?

Designing the programme in this way ensures that learning and new skills are integrated into clinical practice as Trainees progress in line with the BST curriculum.

What will the live virtual tutorials entail?

The live virtual tutorials will be delivered by clinical tutors related to the specialty and they will use specialty specific examples throughout each tutorial.

How will the live virtual tutorials be allocated?

Trainees will be assigned to a tutorial group and will remain with their tutorial group for the duration of BST. Trainees will be expected to attend one tutorial per quarter.

Each quarter will include one scheduled virtual tutorial lasting 90-minutes. Allocated dates will be provided before the start of a rotation. Trainees must plan the time to complete their requirements per quarter and must be supported with the allocation of study leave or appropriate rostering.

What else will Trainees have to do?

Trainees will be assigned self-paced online teaching material per quarter. This self-paced content will be delivered via RCPI's virtual learning environment, Brightspace.

**No standalone courses**

**A continuous programme across the years of BST**

**Cohesive teaching faculty**

**Planned timing of learning**

**Specialty specific cases**

**Tutorial groups**

**Applicable and relevant learning**

## What is the programme content?

### Effective Communication

- Examine proven and theoretical models of professional communication and apply them to real world experiences

### Research

- Know the clinician's role as a researcher
- Critically appraise relevant published research
- Understand methods and responsible data management processes

### Person-Centred Care

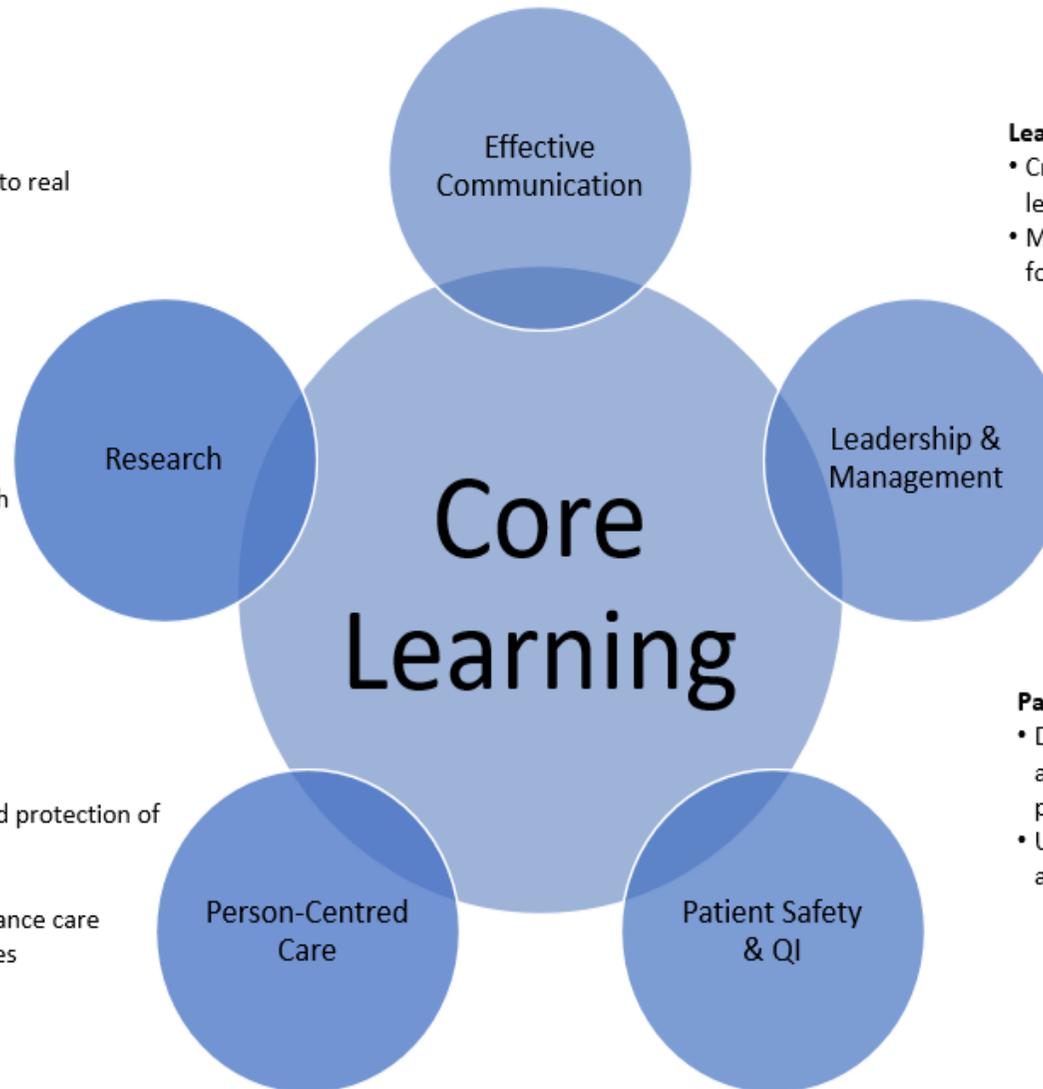
- Focus on empathy and inclusion, self-care and protection of vulnerable people
- Understand healthcare law and ethics
- Develop skills in shared decision making, advance care planning, consent and recognising patient cues

### Leadership & Management

- Critically observe and evaluate different styles of leadership
- Manage time and interpret barriers and facilitators for good outcomes

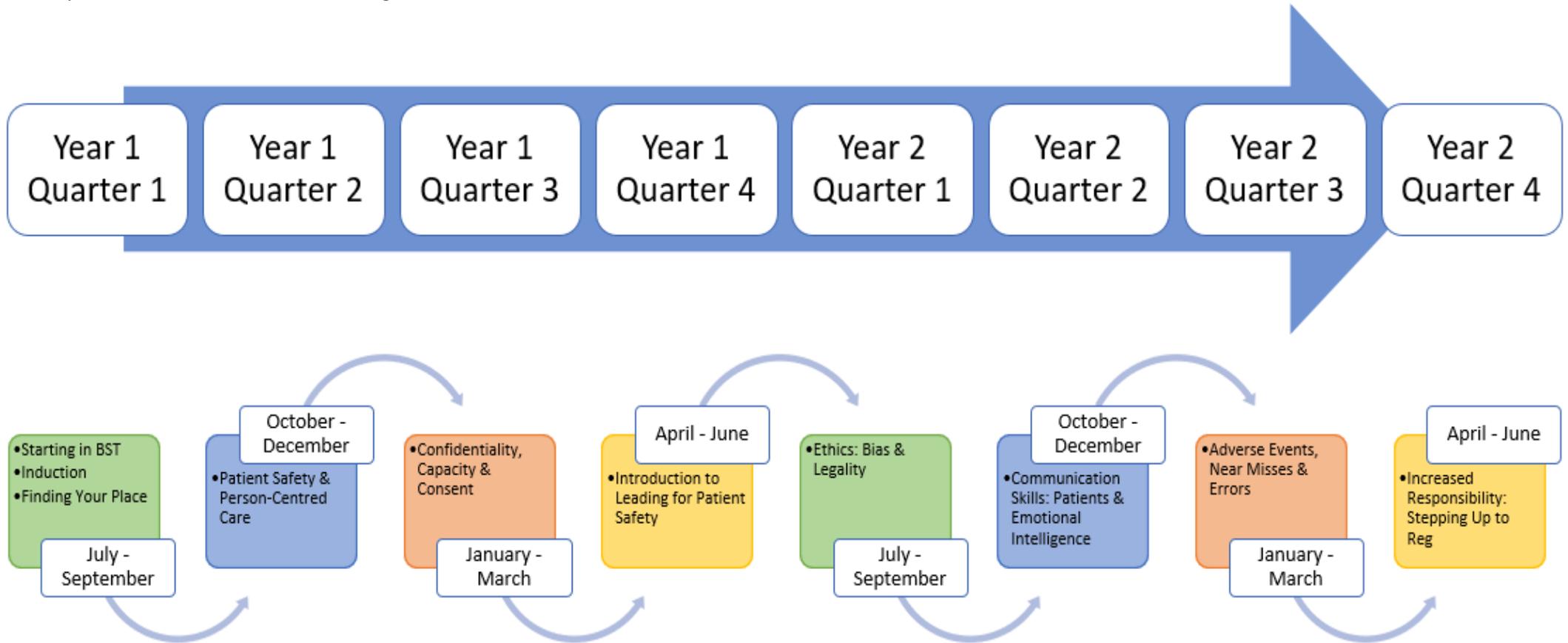
### Patient Safety & QI

- Define patient safety in a healthcare environment and demonstrate basic approaches (e.g. safe prescribing, handover)
- Understand quality in healthcare and fundamental approaches to improving quality



## What is the programme timeline?

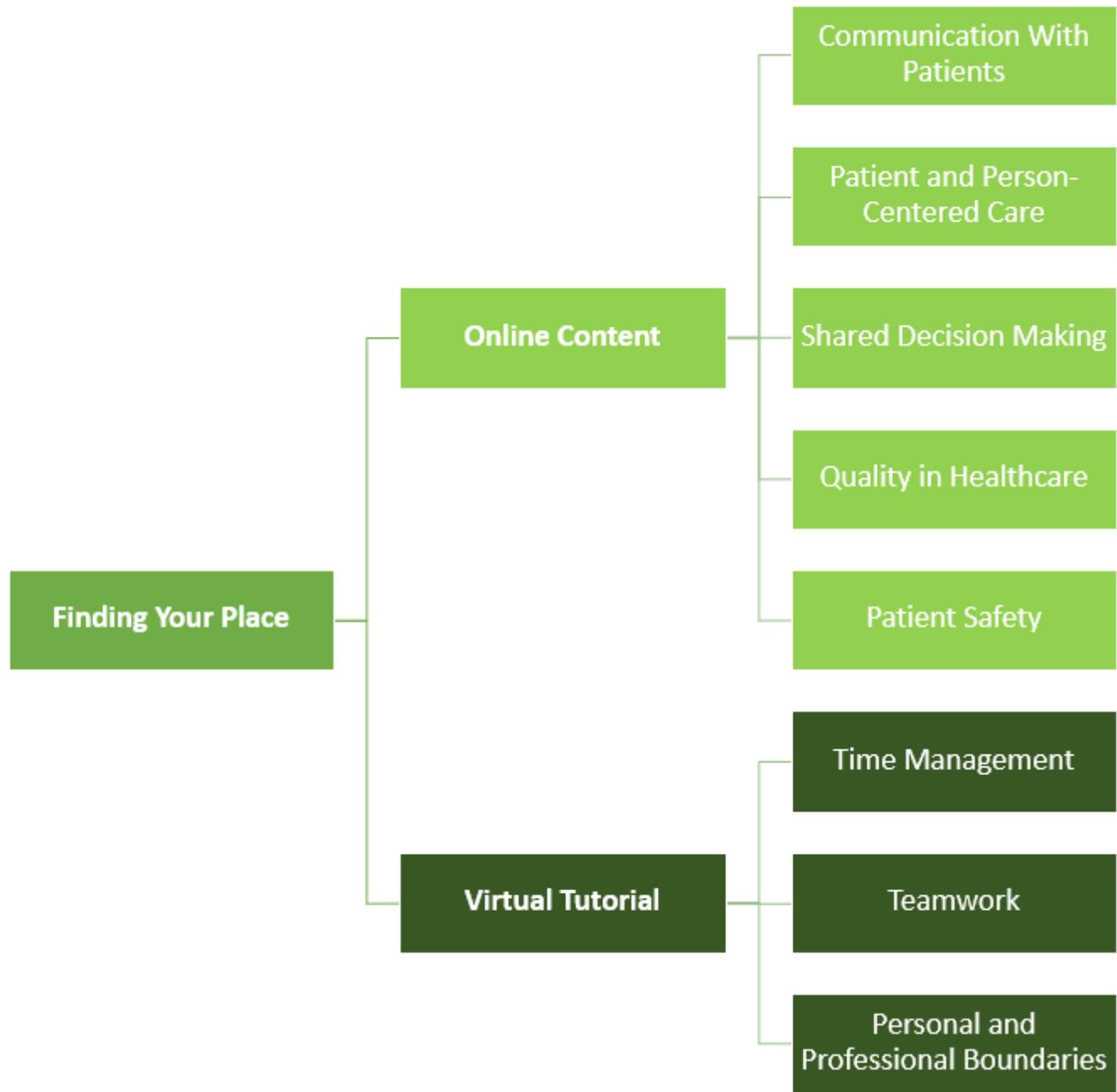
Sample Timeline for a Two-Year BST Programme:



The following pages will give you a breakdown of each quarter of the BST Taught Programme, and what topics will be covered.

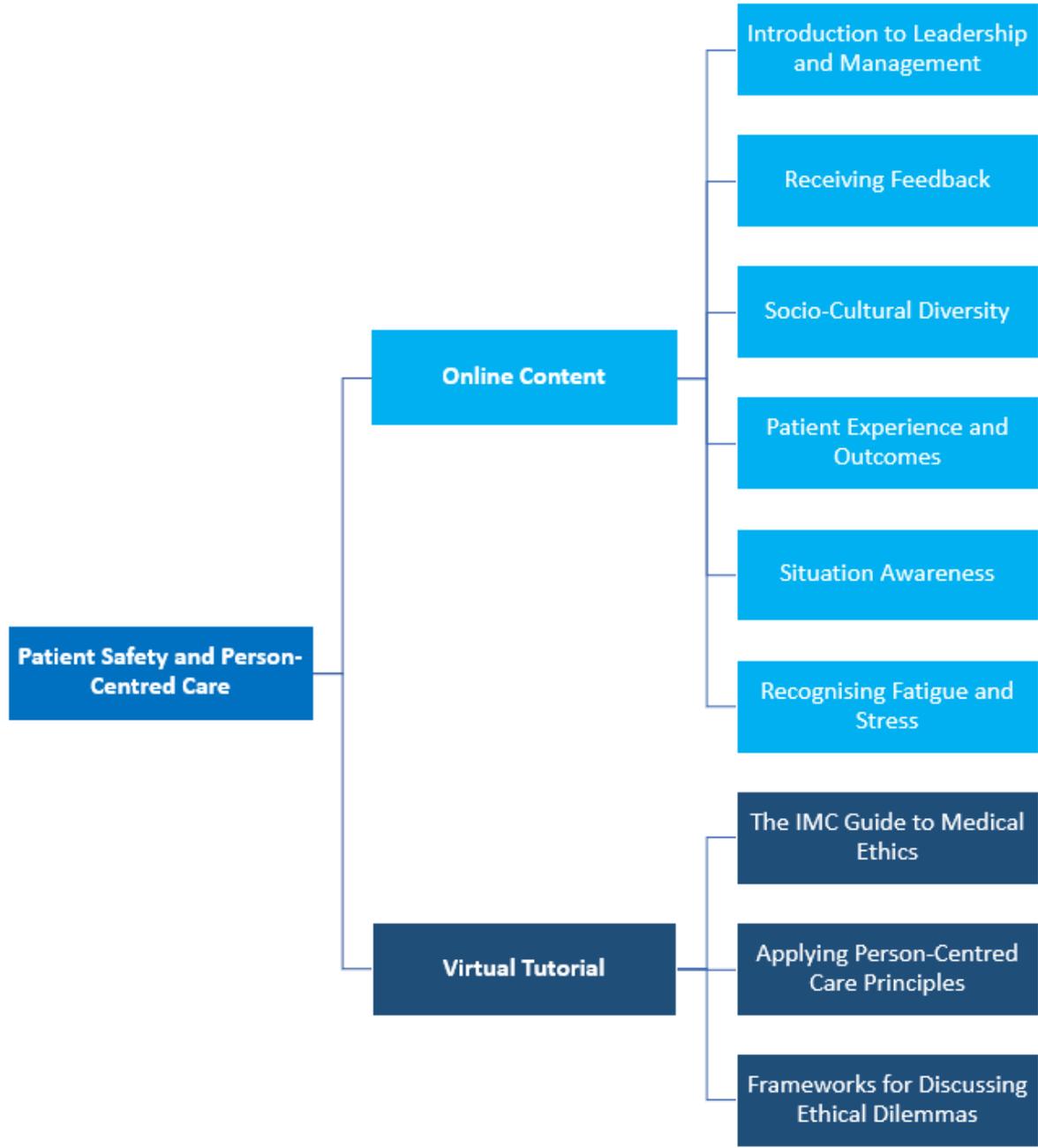


July - September



Year 1  
Quarter 2

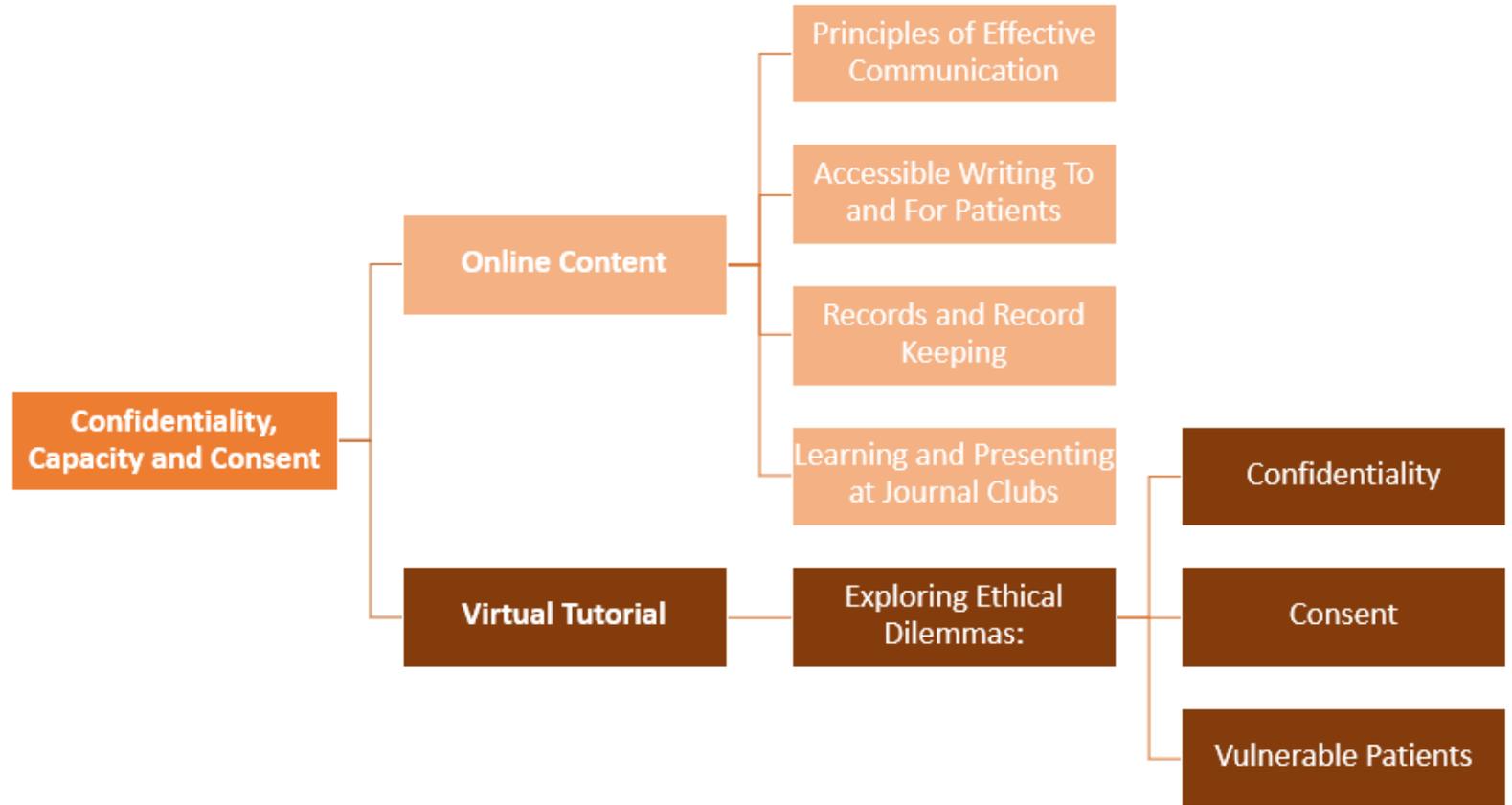
October - December





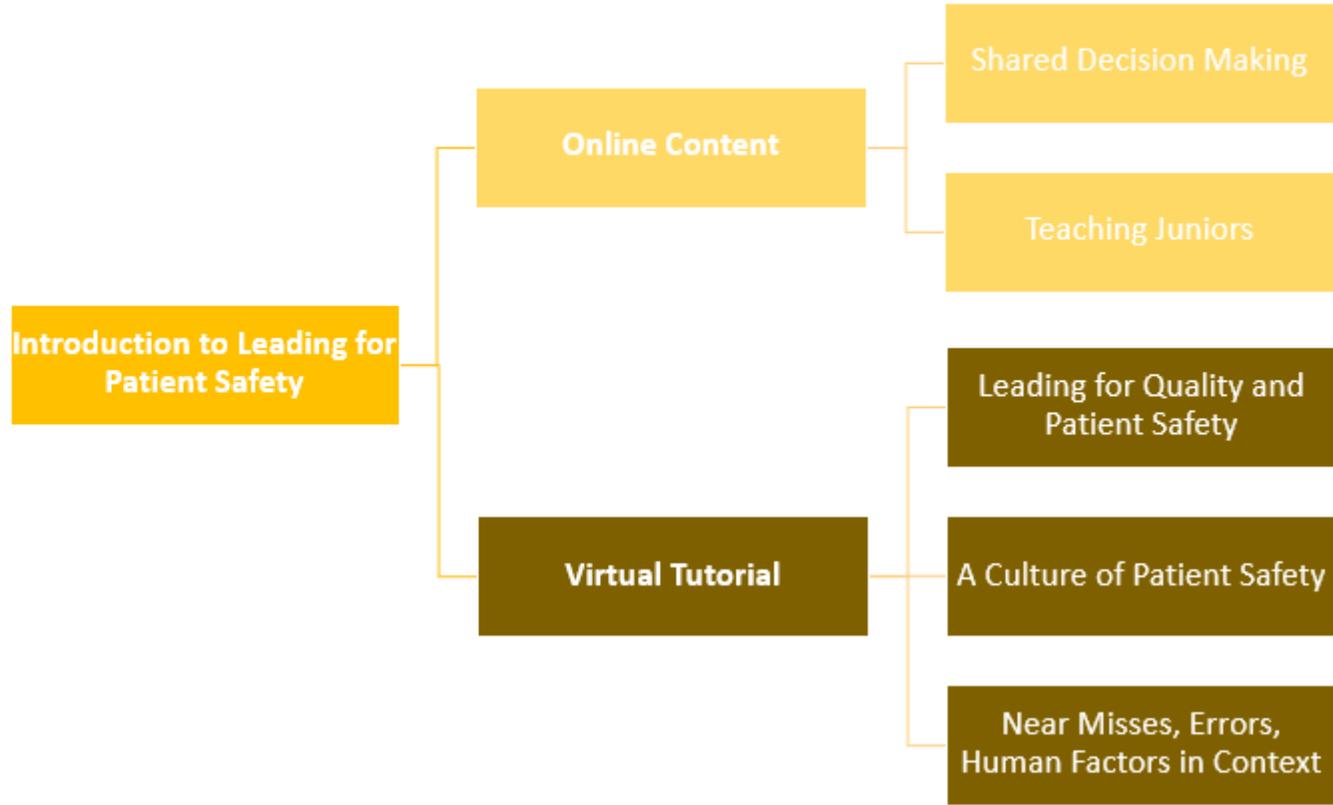
Year 1  
Quarter 3

# January - March



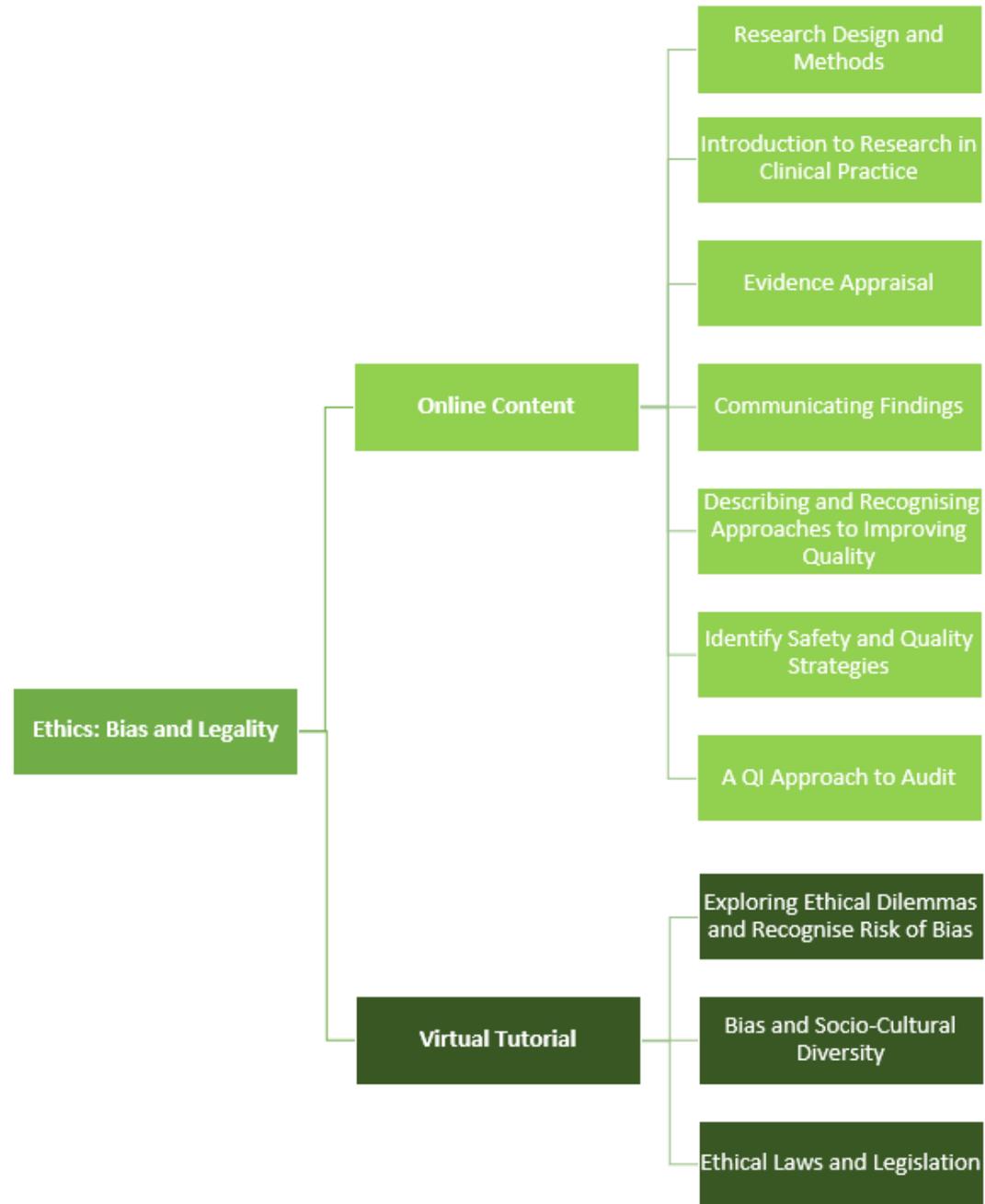
Year 1  
Quarter 4

April - June



Year 2  
Quarter 1

July - September





Year 2  
Quarter 2

# October - December

Communication: Patients  
and Emotional Intelligence

Online Content

Leadership Styles and  
Multidisciplinary  
Teamwork

Building Time  
Management Skills

Data Management

Communicating in the  
Clinical Environment

Literature Reviews and  
Systematic Searches

Virtual Tutorial

Communication:  
Self Reflection

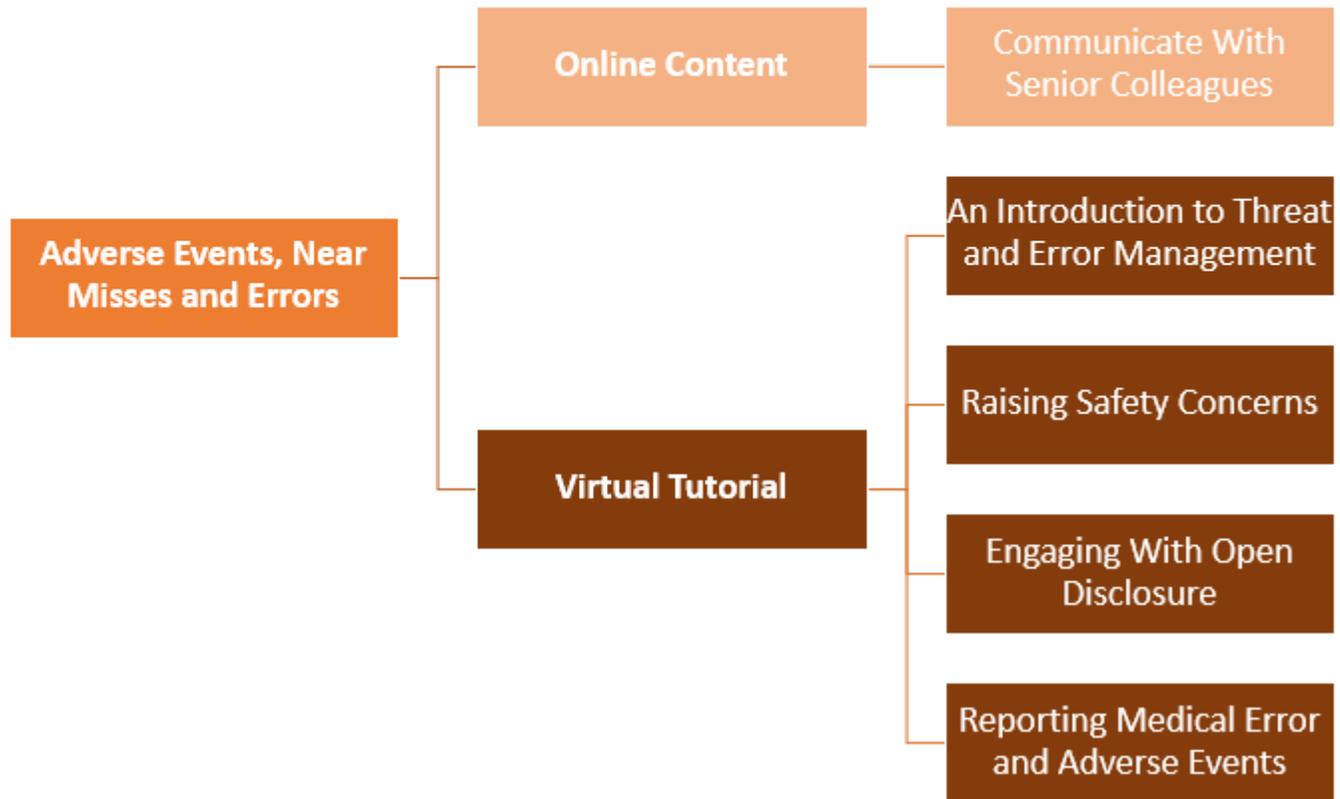
Supporting Colleagues  
With Stress

Supporting the  
Second Victim



Year 2  
Quarter 3

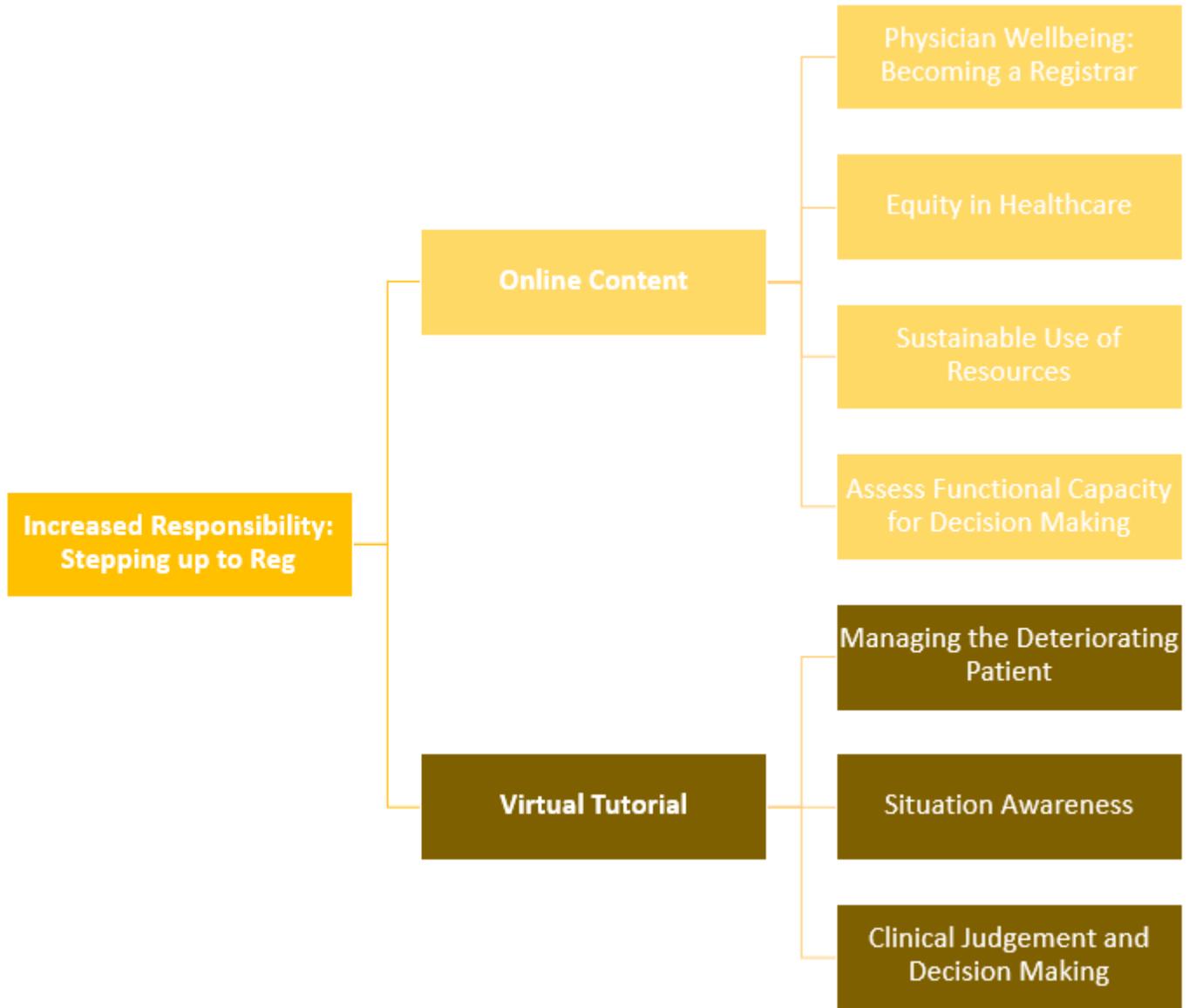
# January - March





Year 2  
Quarter 4

April - June



## Specialty-Specific Courses & Workshops

Trainees will also complete specialty-specific courses and workshops as part of the programme. Workshops are offered regularly throughout the year and will be booked separately by the Trainee.

## What's next?

Incoming Trainees are now receiving their induction content and timetable. As the BST Taught Programme is a mandatory component of BST, it is important that Trainees are released from service to attend the Quarterly Virtual Tutorials and, where possible facilitated with the use of teaching space in the hospital.

We hope you will help to support new SHOs on your team as they adjust to their role and the requirements of the Taught Programme.