

Mater Hub

Hub Information

The Hub hospital in the Mater Scheme is the Mater Misericordiae University Hospital.

The **Mater Hospital Basic Specialist Training Scheme (BST) in General Internal Medicine (GIM)** has a strong tradition in attracting Ireland's top medical graduates as it provides an environment that will allow BST trainees to perform at their highest level and foster their lifelong interest in Medicine and Medical practice.

The Mater BST GIM is a 24 month (2 year) scheme consisting of eight 3 month rotations. The Mater Hospital is the hub of the BST program and all BST trainees work in the Mater Hospital over the course of the 2 year scheme: the Mater Hospital is well known for its friendly, helpful and supportive working environment, it is a 530 bed hospital with over 60,000 Emergency Department attendances per annum. The Mater Hospital offers a diverse and broad range of medical specialties and has a strong tradition in developing and leading medical practice in Ireland. We are proud to report that since July 2014 that Medicine NCHDs have a fully compliant European Working Time Directive (EWTD) on call roster.

Contact Details

The Mater BST GIM Scheme Program Director is **Dr Denise Sadlier** who can be contacted with any queries at dsadlier@mater.ie

Training and Educational Opportunities

For over 20 years the Mater BST scheme has offered a six month rotation to work in a major US teaching hospital. Currently, trainees have the opportunity to spend six months working in the Mayo Clinic, Arizona as a medical resident. This is a highly competitive rotation and has proven to be a fantastic opportunity for previous trainees. The Mater Hospital BST scheme also rotates across a number of acute and specialty hospitals including: Connolly Hospital, Co Dublin, Our Lady's Hospital Navan, Co Meath, Mullingar General Hospital, Co Westmeath and Letterkenny General Hospital, Co Donegal. In conjunction with time spent in the Mater Hospital the Mater BST schemes offers every trainee a broad experience and exposure to General Internal Medicine.

Support Available

The Mater Hospital is a busy teaching hospital for University College Dublin (UCD) the largest university in Ireland, and we have a dedicated Post Graduate School and Centre with state of the art facilities that provide trainees with a super learning environment that is enthusiastically supported by our Medical Consultant, many of whom are world leaders in their field, and who are committed to training and providing encouragement and learning opportunities to our BST trainees. BST trainees are encouraged and supported to complete the MRCPi exams; educational opportunities are numerous with each medical specialty providing teaching including journal clubs, multidisciplinary teaching sessions and visiting lecturers. There are weekly Medical Grand Rounds and dedicated teaching for BST trainees. In addition to dedicated teaching for trainees the hospital in conjunction with UCD also offer a range of post graduate certificate and diplomas. There are plenty of opportunities for BST trainees to undertake audit and research projects over the 24 months.

The Mater Hospital is proud that so many of our BST trainees have gone on to pursue careers in Internal Medicine at the highest level with many of them choosing to return to us and are now Consultants in the Mater Hospital delighted to pass on their knowledge and experience to new BST trainees.

We look forward to welcoming you to the Mater BST GIM Scheme!

Mater Hub – Spoke Hospitals

Mullingar Hospital

Hospital Information

MRH Mullingar provides general medical, surgical, maternity and paediatric care to the surrounding region. During their BST rotations trainees will have the opportunity to spend time in a dynamic Department of Medicine with a strong Consultant presence. In addition to General Internal Medicine, experience in the specialities of Cardiology, Respiratory, Gastroenterology, Endocrine & Diabetes and Geriatrics (including Rehabilitation, Stroke Medicine and Osteoporosis) is usual.

Contact details

Prof. Clare Fallon, BST & HST Trainer, MRH Mullingar

Training and Educational Opportunities

There is a comprehensive educational timetable with journal club, Grand Rounds, Radiology weekly in house. In addition many conferences are video-linked including RCPI masterclasses, DAMC HSE Ireland East Stroke Videoconference and external grand rounds. Participation in audit is encouraged and exam preparation facilitated.

Support Available

MRHM is part of the Ireland East Hospital Group. In addition it is an affiliated teaching hospital of both RCSI and UCD.

Travel and Accommodation

There are regular bus and train services from Busáras and Connolly stations respectively

The Local Area

Mullingar is a vibrant town approximately one hours drive from Dublin. It's amenities and activities include a vibrant arts centre, some lively pubs and restaurants, lake-based water activities, equestrian centres and numerous athletics and sports clubs (See accompanying links)

Further Information

<http://mullingar.ie/>

<http://www.discoverireland.ie/Activities-Adventure/mullingar-discover-ireland-centre/70945>

<http://www.mullingarparish.ie/>

Letterkenny University Hospital

Hospital Information

Trainees come from both the Galway Hub and the Mater Hub. Letterkenny University Hospital provides first class inpatient, outpatient and day case healthcare services to a population of 152,000 people of County Donegal.

Letterkenny University Hospital is the second largest hospital of the Saolta University Healthcare Group with 323 beds and maintains strong links to National University of Ireland, Galway and the Donegal Medical Academy.

The hospital is recognised as a teaching hospital, providing medical training to undergraduate and post graduate Medical Trainees.

The Department of Medicine has a complement of 11 Consultants, and 40 NCHDs, which oversee 5 Medical Wards and an 11 bed Medical Assessment Unit which operates from 9am until 8pm Monday – Friday.

Letterkenny University Hospital is a busy hospital with approximately 9500 admissions per year; however trainees will have exposure to a wide range of medical conditions and will receive in-depth training General Internal Medicine and its subspecialties:

- **Cardiology:** The hospital retains an 8-Bedded CCU and fully equipped cardiac investigations lab. Trainees will have exposure to the following: Weekly Angiography and Pacemaker Insertion, EP Studies and a Cardiac Rehab. A Cross Border Service for STEMI'S starting early 2016 which will be the first cross border service of its kind in Ireland.
- **Respiratory Medicine:** A full service is provided including fully equipped pulmonary function lab, weekly bronchoscopy, NIV, COPD outreach and Pulmonary Rehab. A Lung cancer service is provided in co-operation with St James's Hospital, Dublin.
- **Geriatric Medicine:** Trainees will gain experience in the provision of a full geriatric service and Stroke service with 24/7 Thrombolysis and referral for thrombectomy if required. Also based on campus is a 19 bed stroke and Medical Rehab Unit.
- **Endocrinology:** Trainees will gain experience in providing a full Endocrinology service with comprehensive diabetic service, including maternity care. A Diabetic Day Centre is also on site.
- **Gastroenterology:** Trainees rotating through this specialty will have exposure to daily Endoscopy and full IBD service.
- **Nephrology:** Letterkenny University Hospital provides a renal service managed by 2 Consultants with regional remit for AKI. Trainees will also get exposure to approximately 70 patients who are on Chronic HD.

- Medical Assessment Unit: Letterkenny University Hospital's MAU operates from 9am – 8pm from Monday to Friday under the supervision of a Senior Registrar.

Contact Details

Madge Toye-Temple, Medical Manpower Manager, Madge.Toyetemple@hse.ie, 0353 74 91 23584

Training and Educational Opportunities

Medical BST trainees have access to an extensive consultant delivered teaching programme, comprising of just some of the following: MRCP Pt.1, Pt.2 and PAECES Preparation Tutorials, Medical Grand Rounds, Specialty & Sub Specialty Journal Clubs, Morbidity and Mortality Meetings, X-ray conferences, Weekly BST Teaching, Video Conferencing to Galway University Hospital Teaching, Clinical Audit Meetings and Lecture Series.

The newly opened Clinical Skills Suite with SimMan, Mannequins and tutorial room offers a safe environment for the teaching of clinical skills to all NCHDs.

An Audit Officer is employed in the hospital and provides excellent support to trainees undergoing audits. Trainees have the opportunity to present either orally or in poster format at the Annual Multidisciplinary Research Symposium Day which is held each November and is always attended by renowned International Medical Speakers.

Support Available

BST trainees in Medicine work a roster which is EWTD compliant, working on average 48 hours per week.

As part of the medical training provided, BST trainees will be involved in providing acute medical on call on a 12 hour shift basis through the hospital's new Emergency Department which operates on a 24 hour basis and treats over 36,000 emergency cases per year.

Travel and Accommodation

Located 20 miles west of Derry City and 35 miles north of Donegal Town, Letterkenny is the largest town in Co. Donegal. The town has a buzzing nightlife and offers great historical and recreational opportunities for visitors to the area

Although public transport is mainly by bus or car, Dublin is only a 3 ¼ hour journey with a number of daily bus connections, whilst a number of bus operators travel to Dublin, Sligo and Galway each day with connections to other destinations.

Letterkenny has just won Ireland's tidiest town and has a number of shopping centres and retail parks. Most of the high street names are situated in Letterkenny, such as Tesco, Dunnes, Penneys, TK Maxx, Argos, Eason, Elverys, Next, H&M, Heaton's, Lidl, Menary's, Lifestyle Sports, HMV, Harry Corrys, Homebase, Boots, Marks and Spencers, River Island, New Look and many many more.

Renting Accommodation in Letterkenny is very affordable with County Donegal commanding the fourth lowest rental prices in Ireland, with lots of good quality houses and apartments available for renting.

Letterkenny University Hospital provides assistance in the form of an accommodation allowance to BST trainees who are taking up a six month post in Letterkenny as part of their training scheme. Please contact Medical Manpower on 074 91 23584 for more information.